

Why do we make changes to your prescribed medicines?

NHS Kingston (formerly Kingston Primary Care Trust) is responsible for managing the drugs budget spent by doctors in our area. During 2011 more than 18 million pounds was spent in Kingston on nearly 2.2 million prescription items.

NHS Kingston may advise changes to your medicines for many reasons, including:

- new safety concerns
- new evidence about the benefits of a drug
- new treatment guidelines

It is also important that we make the best use of the money we spend on medicines, without reducing the quality of the treatment patients receive.

If more money is spent on medicines than is available, the extra money has to come from other areas of healthcare. This means that we may not be able to provide all the services we would like.

NHS Kingston continually checks the cost of the medicines to see if savings can be made. Support is given to practices to make such changes to patients' medication when necessary.

What sort of changes do we make?

The changes we make can be split into different categories:

Generic medication changes

The generic name of a medicine is the actual name of the active ingredient, rather than the trade name, which is chosen by the manufacturer. For example, Panadol is just one brand name for the medicine paracetamol.

The generic medicine is manufactured to the same tight quality controls and contains the same active ingredients, although the appearance may be slightly different. Competition between different manufacturer's means that medicines prescribed by the generic name usually cost much less.

Brand medication changes

Occasionally it may be appropriate to prescribe a specific brand medicine rather than using the generic name.

Class (same group of medicines) changes

Some medicines may be grouped together in the same class depending on how they act in the body. There may be several different medicines in the same group. When there is no difference in how effective the different medicines are, the most cost effective one in the group will be used, where appropriate.

Dose Changes

Sometimes a low strength of a medicine is prescribed twice a day. It is often just as effective, more convenient and less expensive to prescribe a higher strength once daily.

Tablets and Capsules

Sometimes the same medicine may be available as both tablets and capsules. If there is a difference in cost, we will recommend that the less expensive product is prescribed, where appropriate.



Points to remember

- ✓ Money wasted means less is available for other NHS services.
- ✓ Making changes to your medicines does not mean that you are receiving a reduced quality service.
- ✓ If you have a leaflet or a letter which gives information about the changes to your medicines, read it carefully and keep it for your records.
- ✓ Always follow the directions printed on the label of your medicines or take them as directed.

Further Information

As with all medication, there is a possibility you may experience side effects. Usually these are mild and get better with time.

For more information, always read the leaflet that comes with your medication and discuss any concerns with your local pharmacist (chemist) or doctor.

PRACTICE OR PHARMACY STAMP

Adapted from NHS Ealing

Medication Changes A Guide for Patients



**Getting value out of
the medicines you
need**